

Student's Book audioscripts and videoscripts

UNIT 0

0.10 Unit 0, 0.3, Exercise 6

- 1 Why did Carla's dad come to England?
- 2 When did Carla's mum's parents move to England?
- 3 How did Carla and her parents travel to Brazil last summer?
- 4 How did they get around the country?
- 5 Did Carla enjoy her holiday?

0.14 Unit 0, 0.5, Exercise 2

M = Mum C = Carla

- M:** Where are you, darling?
C: I'm in the park with my friends, Mum.
M: Oh. I thought you were at Bea's.
C: We were. We played a video game and had some lunch. Then we came to the park to meet Abe and Eren. Where are you?
M: Your dad and I are having a coffee in the shopping centre.
C: Oh. Have you bought anything interesting?
M: Yes, we've bought some new curtains for the living room.
C: Oh, that's really interesting.
M: And some of those cakes you like so much.
C: Oh, great! Thanks, Mum. ... Oh no!
M: What is it?
C: It's started to rain. It's raining a lot.
M: Oh dear!
C: Mum? Can you come and pick us up in the car?
M: Yes, no problem. The park's on the way home from the shopping centre.
C: Thanks.

UNIT 1

1.7 Unit 1, 1.2, Exercise 3

M = Mel Z = Zac J = Joe

- M:** Good morning! I know lots of people are listening to this podcast. Are you getting ready for school right now? For some of us that's a difficult time of day!
Z: I agree! I hate getting up early.
M: But I hear you're changing your morning routine, Zac?
Z: Yes. I'm not often late for school, but I'm usually in a rush! So, this term I'm trying to change. I set my alarm ten minutes earlier than usual. Then I have a wake-up playlist on my phone. It starts with some gentle tracks and ends with two lively songs.
M: How's it going? Is it helping?
Z: Yes, it is. When I listen to my playlist, I never feel stressed and I'm happy to start the day. It's a simple idea, but I think it's working.
M: Well, you arrive at school on time now, so things are definitely getting better! I might make a morning playlist myself.
Z: You should, Mel.
M: Now, Joe, I know you're always at school early. How do you do that?
J: Easy! There's only one bus from my village in the morning. I have to catch it, so I can't be late!
M: That's true! I live near the school, so I don't have to get up early. Do you have any advice to help us?
J: Sure. Well, first, I always put my phone on the other side of the room at bedtime so when the alarm goes off in the morning, I have to get out of bed to switch it off.
M: Oh, I couldn't do that!
J: It's easy! And I put my phone in my school bag as soon as I get up, so I don't check my messages until I'm on the bus. It saves me about ten minutes every morning!
Z: Clever!
M: What great ideas, Joe. Thanks so much. Now it's time for our ...

2 Wider World, Unit 1, 1.3, Exercise 6

P = Presenter R = Rob V = Vnisha

- P:** In these videos we talk to people in the streets of London and ask them about their opinions on different topics. London is a huge and exciting city. Lots of people live here. And even more visit it every year from all over the world. Let's see who we're meeting today and what they tell us. What problems do immigrants face in your country?
R: I think when immigrants come to this country they face a real problem trying to find a really good job or a well-paid job. And maybe the government should perhaps provide funding or training for them to get up the sort of work ladder and find a good job.
V: A struggle that I believe immigrants face in this country is stereotyping. I can speak on behalf of the Asian community and myself is that, we have a very sort of studious, educational background where you're supposed to be a lawyer or an engineer or a doctor but for me myself, pursuing a career in the creative industry can be quite difficult, a lot of pressure is put on us, and it can be incredibly isolating within the society.

3 Wider World, Unit 1, 1.4, Exercise 6

P = Presenter C = Charlie T = Tom J = Jiaying S = Sandra M = Martina A = Alberto

- P:** Describe a past experience when you were away from home.
C: Recently I went to Croatia to Outlook Festival with my friend from uni. It was amazing! I definitely wanna go next year, highly recommend.
T: Something ... Well, recently I went to the South of France and it was just the most beautiful part of the world in Provence up above the Med, Côte d'Azur, where all the beautiful people are, and it was nice to experience it for two days.
J: Four years ago, I went to Ukraine to volunteer at a local school. There were people from many countries and we taught students at the local school how to speak English. I really loved it because I love to be with kids and I've learned a lot from them.
S: I went to Italy. I went to Milan to see my friends and I really loved it there because everyone was really friendly and warm, and very Italian.
M: So a past experience that I had was when I went to America and it was a very different place from the country I was born in. And it was also really nice to see so many different cultures all together and to understand how the population lives and the inhabitants, all of their let's say ... times and ways of living in the cities. So yeah. And the food was really interesting too, very different from what we're used to. So yeah, that was interesting.
A: My interesting time was when I went to Croatia, to see how they are living. People are completely different from my country. And I really enjoyed that time because you can learn from the people and you can use, English, for example, like an international language to try to speak to the other people and to understand the other in a better way as possible.

1.12 Unit 1, 1.5, Exercises 7, 8 and 9

A = Alex M = Mia

- A:** Hi, Mia. Have you seen the poster about that event on Saturday?
M: At the Science Museum on River Road?
A: Yeah. It's called *Bringing the World to Life*.
M: Mmm, I saw it was for anybody between fourteen and seventeen, but I didn't take much notice.
A: It's a workshop about projection mapping.

- M:** Projection mapping? That doesn't sound much fun! Is it about making maps?
- A:** Not really. You learn to create videos on a computer that you then show on buildings.
- M:** Oh, I know what you mean. Last year the theatre had a big picture on the side of it of a pair of hands. The hands moved as if they were coming out of the building. Mmm, that is quite cool.
- A:** Exactly. It says it's for people who are creative – that's you! And people who are curious – well, that's me.
- M:** OK, but I'm not confident enough to go on my own.
- A:** No, but we can go together. Anyway, this is the sort of thing that can help with your confidence, and you can meet new people.
- M:** I don't think I'd normally do something like that. What time is it?
- A:** It's from ten until four. Come to my house and my dad can take us.
- M:** Hah! You've already planned it. You're so organised, Alex. Do we need to take anything?
- A:** Just your lunch and a drink. You get a forty-five-minute break and it usually costs twenty-five pounds.
- M:** You're joking! That's fifty pounds for the two of us!
- A:** Ah yes. But I said 'usually'. We're lucky because it's only five pounds for this event because it's for young people and ... er ... I've bought your ticket already.
- M:** Mmm, you're very generous, Alex ... Or are you too shy to go on your own?

1.18 Unit 1, Revision, Exercise 6

Welcome once again to our school meeting for the end of the year. I'm pleased to see so many parents here. The students have achieved a lot. You can see some of their work on the walls of the classrooms.

5 BBC Culture, Exercises 5 and 6

The adventure begins

Olympian James Cracknell and adventurer Ben Fogel are entering the largest sand desert in the world – The Empty Quarter in the Middle East – for their next big challenge. They are travelling in the footsteps of legendary British explorer, Wilfred Thesiger. Their goal? To recover their lost friendship. Now, in the most hostile desert on the planet, they will face extreme heat and dehydration ... violent sandstorm ... And unpredictable camels. And they will have terrible arguments. Can James and Ben find what they are looking for in the most remote place on earth? They have been on lots of expeditions but this one is the hardest of all.

6 BBC Culture, Exercise 7

An almost impossible journey

This is James and Ben's third expedition in the last decade. They have already crossed the Atlantic Ocean and raced to the South Pole. This is the Empty Quarter.

They start the journey in Mandar and travel through the country of Oman close to the border with Saudi Arabia. Their destination? The quicksands at Umm as Sammim, which Thesiger saw in the 1940s. They have eight days to travel the 250 kilometres. In those eight days they have to survive on dried camel meat, dates and flat bread. And plenty of water – temperatures can reach 47° C out in the desert at this time of year. They need to drink ten litres per day and water wells are not easy to find. Luckily, their trusted camels can carry it all.

They find the way only with a map and compasses. Unfortunately, they got lost. They took eleven days to make the trip but finally they arrived at the quicksands. It's not an oasis – there are no trees or even water here, but it was their goal, their challenge. They are so relieved to be here at last. In the end, they hug each other ... and the camels who helped them.

They have completed an almost impossible journey – to one of the most remote places on earth and they are still friends at the end of it!

UNIT 2

2.1 Unit 2, 2.1, Exercise 2

Global warming: Problems and solutions

Global warming is definitely one of the biggest problems facing the world today. It began many, many years ago, and it is mainly due to human activity. Different things we do cause different problems, which all have one thing in common: they make global warming worse. But there are things we can do to help. Today we're looking at some of them.

The left-hand side of this diagram shows four main problems that cause global warming and climate change. On the right-hand side we can see possible solutions.

1

One of the main problems relates to traffic, travel and transport. Planes and petrol cars produce high levels of pollution. Some everyday solutions include using public transport or sharing cars and car journeys.

2

Another problem is that humans are cutting down trees. Trees remove carbon dioxide from the air and change it to oxygen, so they help to clean the atmosphere. Possible solutions to the problem include planting more trees and recycling more paper and cardboard.

3

Humans produce and use a lot of energy. We use too much 'dirty' energy from oil, gas and coal. This creates pollution, especially from factories. We also waste a lot of energy in homes. We can all help – for example, by switching off lights and TVs when we aren't using them and by drying washing outside instead of using a dryer!

4

Farm animals are another problem, especially cows. They create a lot of gas, which makes global warming worse. We can help by eating less meat and trying some non-meat products.

7 Wider World, Unit 2, 2.1, Exercise 10

Pr = Presenter C = Carol P = Peter K = K.C. S = Souren

Pr: How green are you?

C: I recycle and I'm quite amazed at how much recycling goes into my recycling bin.

P: I switch off all the lights when the kids leave them on. I follow the recycling instructions with the various bins that we've got. And I suppose that's about all I do from an active point of view.

K: I'm big on recycling. We are at home, the kids are. Plastic, glass, paper. And I work on film sets and I'm a big advocate of doing that on film sets 'cos we're so wasteful. And so I'm quite militant about the need to recycle because the thousands of bottles of water that are consumed are just going into the bin so I try to make it go to the recycling centre.

S: I try to conserve energy. So if I leave a room, I'll turn the light off. I feel that I'm relatively green in terms of the environment by composting, recycling, encouraging other people to do so. I'm a gardener. I encourage my clients to do so. I plant lots of plants which helps the carbon situation. That's about it, I think.

2.10 Unit 2, 2.5, Exercise 2

G = Girl B = Boy

- G:** Jill Cooper, forty votes, Miguel Rios, eighty-three votes ... And this year's new student council president is ... Romesh Patel, with one hundred and twenty-nine votes! Congratulations, Romesh! Now, tell us: what are your future plans as president of the student council?
- B:** Well, I want to organise a clean-up of the school playing fields and I'd also like to plant some more trees. And, of course, I'm going to ...

2.12 Unit 2, 2.5, Exercise 4

1

B = Boy G = Girl

- B:** Who are you going to vote for in the student election?
- G:** Jenny Allen – definitely! She's the best candidate. She works hard and she's got great ideas about recycling at school. Is the election on the tenth of October?
- B:** Actually, it was the day after, but now it's on the twelfth because there's a school basketball match on the eleventh. I still don't know who to vote for.

2

B = Boy G = Girl

- B:** Why don't you join our eco-group?
- G:** What kind of things do you do?
- B:** We do things to help the environment. We meet up every month after school. Last month we planted some trees in the park and now we're going back there to clean it up.
- G:** That's a good idea. Our local river was in a terrible state, so a group of us from school got people to sign a petition to ask the local council to do something about it. And it worked. They cleaned the river up last month.

3

B = Boy D = Dad

- B:** Dad, I've got to do a project for school on the history of recycling. When did you start recycling stuff?
- D:** Oh, I'm not sure when, Mark. I started recycling paper probably about ten, fifteen years ago. As a child, I used to recycle glass bottles at the local shop and get money back!
- B:** Really? For plastic bottles too?
- D:** I only started recycling those a short time ago. It's hard to believe now that we used to throw so much stuff in the bin!

4

W = Woman G = Girl

- W:** Is that you, Sarah? Where have you been?
- G:** I was at a meeting at school. I've joined a campaign with some friends. It's to help protect forests. Sorry I'm late. There was a huge traffic jam, so my bus was late.
- W:** Yes, the traffic's awful. So how was the meeting?
- G:** Good! We're going to organise a recycling event. Everyone brings in things they don't want and sells them – and then all the money will go to the campaign.

2.14 Unit 2, 2.6, Exercise 6

1

It's better to cycle to school than to go by car.

2

They should stop showing car adverts and Formula One races on television.

3

The climate in our country isn't great for cycling.

4

Electric cars are just as good for the environment as bikes.

5

Cyclists should never ride on pavements. It's too dangerous for pedestrians.

9 Wider World, Unit 2, 2.6, Exercise 7

P = Presenter Sa = Sandra B = Brandon Z = Zeca

So = Souren

- P:** People spend too much money on protecting animals. They should spend it on helping people instead. Do you agree?
- Sa:** So I partially agree with it. I think there are people out there who are being neglected but I don't think it's because all the money goes towards the animals.
- B:** I disagree with that statement because I think that animals should be protected and maybe we aren't even doing enough for them. And maybe we could even do more.
- P:** Everyone should use public transport. Do you agree?
- Sa:** I believe that everyone should be able to use public transport because why not?
- Z:** I agree with this statement because I mean it's such an obvious thing that our traffic is a real bad problem in big cities so... And traffic, public transport, actually, makes things easier. I mean, OK, sometimes it's not very practical. I mean, especially the Tube in London is a little bit confusing for people who don't live here, but still. I mean it's a great way to move around. I mean, even in Brazil, my country, I wish we could have more ways and more facilities in public transport so this would really transform life of cities in, like, São Paulo or Rio even Belo Horizonte.
- So:** On the whole I agree that everyone should use public transport because it's good for the environment. There are too many cars in this world and we ... more of us should use public transportation.

2.17 Unit 2, Revision, Exercise 9

I think everybody would like a world with fewer environmental problems. We need cleaner air. We'd like to clean up our rivers and oceans. We want to protect our forests and the endangered animals there. But this means we all need to think about what we do and change the way we live.

2.18 Unit 2, Set for Life, Exercises 2 and 3

T = Teacher J = Josh

- T:** Well done, Josh! I can see you're trying really hard.
- J:** I'm trying, but look at all the mistakes that I've made! Mistakes mean that I'm doing badly.
- T:** No, they don't, Josh. They're a sign that you're challenging yourself.
- J:** I don't like challenges. I prefer doing things that I can get right.
- T:** With easier work you'll get everything right, but you won't learn as much.
- J:** Mmm ... I hate it when I get negative feedback on my work.
- T:** Come on! Let's look at the feedback together. It'll help you to improve.
- J:** I'll never learn how to do it. I just don't have the right brain for it.
- T:** Your brain can change! When your brain does something new, you create a connection between different parts of the brain. And that connection gets stronger when you use it a lot.
- J:** Really?
- T:** Yes! When your brain is working hard, it builds more connections and it gets better at solving problems.
- J:** So your brain can get stronger from exercise, like your arms and legs?
- T:** That's right! You can become more intelligent and better at anything you want.
- J:** So with hard work, I can change.
- T:** Yes, you can change lots of things about yourself. You just need to have a growth mindset.
- J:** A growth mindset? What's that?

- T:** People with a growth mindset believe that they can change their brain over time. The opposite is a fixed mindset. People with a fixed mindset don't think their brain can change and because of that, they usually don't try as hard at things.
- J:** OK, so ... if I want to have a growth mindset, what should I do?
- T:** Believe that hard work brings results.
- J:** But if I'm working hard and I still can't do it, then what?
- T:** Try doing it a different way. And be confident that you can work it out in the end.
- J:** OK ... I guess that makes sense. So if something doesn't work, I need to try another way. I can't do it *yet*. But I'll work it out in the end.
- T:** That's the attitude!

UNIT 3

3.2 Unit 3, 3.1, Exercise 4

- 1**
This character is wearing something like a sports kit. He's wearing white leggings and blue shorts. He's got large blue shoulder pads, as well as knee pads and ankle boots. He's wearing sports gloves and he's got a striped, black and orange mask which looks like a tiger's head. His name's Titan.
- 2**
This character has got a cowboy outfit. She's wearing brown trousers with a big leather belt. She's got a large cowboy hat, a long coat and big black boots. She's wearing a yellow and orange shirt and she's carrying an orange and yellow leather bag. Her name's Jazz.
- 3**
This character is wearing a strange, bright outfit. She's got silver wings and a silver helmet. She's wearing a red and yellow striped dress with yellow tights. She's got high silver boots and a strange silver ring on one finger. Her name's Firefly.
- 4**
This character is wearing a smart black and white suit. The jacket looks loose, but the trousers are quite tight. He's got a plain, red shirt and a big gold chain. He's wearing a black hat and he's got cool, modern sunglasses. His name's Argon.

3.7 Unit 3, 3.2, Exercise 3

M = Mel N = Nina

- M:** So, Nina is with me today. She has been working as an influencer for ages. Nina, welcome.
- N:** Hi.
- M:** I know you're an online influencer for a small jewellery company. How long have you been working for this company?
- N:** Well, I've been doing this for about a year, but I haven't been working exactly. I don't get any money.
- M:** I see. What happens then?
- N:** The company sends me new jewellery every month – sometimes rings or earrings or bracelets – you know. I take photos or make videos of myself wearing the jewellery and upload them to my social media.
- M:** Now I haven't been following any influencers for long, but you've been sharing some videos with me lately. So do you think all of these videos are like adverts?
- N:** Yes, I think a lot of these posts are really adverts because they're trying to sell something to you. For example, some influencers say positive things about a product even if it's not very good. Other influencers don't make it clear that a company gave them the product, so it looks like a personal choice.
- M:** So what's your approach?

- N:** Well, firstly, I always label my jewellery photos with the company name and, of course, I explain that I didn't buy the product, I'm just doing a review. I think that's important.
- M:** That's true. I agree we need to know what's real online and what's fake. Now, could you tell us a bit more about ... ?

10 Wider World, Unit 3, 3.4, Exercise 6

P = Presenter R = Rob V = Vnisha

- P:** Do you know anybody who's good at making things?
- R:** My sister is really good at making cakes. She's been making them for about ten years, since she went on a cookery course. Makes fantastic cakes. I remember her making a chocolate cake for my birthday. It was the best thing you'll have ever tasted. I hope she makes it again some time.
- V:** My grandma is incredibly good at making saris. She's been making saris pretty much since the day she was born. Something she's been doing, you know, her whole life. She's made my auntie's wedding dress. Incredibly detailed all the way down to the bottom of the sari, the veil. She even did the sort of like the bridesmaids' and she did my sari for the wedding as well.

3.11 Unit 3, 3.5, Exercises 5 and 6

R = Ryan S = Sylvia

- R:** Hi! I'm Ryan Gilmore and today on *Teen Radio* I'm at the National Museum of Fashion talking to our arts reporter, Sylvia Tan. So, Sylvia, you've been looking round the museum all afternoon. Would you recommend it to our listeners?
- S:** Hi, Ryan. Yes, definitely! Crazy fashion trends are definitely not a modern thing. This museum shows how people have been creating weird and wonderful styles since the beginning of history. You won't see the kinds of clothes people wear nowadays, but you can see what our grandparents and great-grandparents wore. I promise you there's something here to entertain everyone!
- R:** Well, we've started at the footwear section. What are those?
- S:** I love these! They're called 'chopines'. They're basically one of the first high-heeled shoes, but in this case, the whole sole of the shoe is high. They were really popular in Venice in the fifteenth, sixteenth and seventeenth centuries and also in Spain. Some heels were fifty centimetres high!
- R:** Wow! That seems awful to wear! I guess only women who were really into fashion wore them.
- S:** Not really. First of all, it's true that only women wore them, but they didn't really wear them because they wanted to be fashionable, but to show they were important. Sometimes servants had to help them to walk because the shoes were so high! So, you see, the fashion for extremely high heels has been around for a long time!
- R:** Wow, yeah! Now these dresses are impressive! And what are those enormous collars?
- S:** They're called 'ruffs'. They were popular in the sixteenth and seventeenth centuries in Western Europe – although people have been wearing collars of different styles since the fourteenth century. Men wore these collars, or ruffs, as well as women. They're thirty centimetres wide – not very comfortable around the neck!
- R:** OK, so we're walking into the next room now and I can see lots of old French soldiers' uniforms. Now I've heard a funny story about the famous French leader Napoleon and buttons. They look fashionable, but what is the reason the buttons are there?
- S:** Yes, well, they say that Napoleon didn't like his soldiers wiping their dirty noses or mouths on the sleeves of their uniform. So he put buttons on his soldiers' sleeves to stop them doing it. It isn't comfortable to have metal buttons in your face! I don't know if that's true, but it's a good story. Now if we go through to this next room ...

11 Wider World, Unit 3, 3.5, Exercise 7

P = Presenter S = Souren Z = Zharif My = Myriam
Mo = Monica B = Brandon

- P:** Describe the most unusual item of clothing you've ever seen.
- S:** The most unusual piece of clothing that I can think of that I've ever seen is probably Lady Gaga's meat dress.
- Z:** When I went to the Lion King theatre ... was it the Lyceum Theatre ...? They had this giraffe costume and I'm not sure maybe ... I think three people was in it like what quite ... They are quite like the same height as a real giraffe. I don't know how they make it.
- My:** The most unusual clothes I've ever seen is with all of the ... with the feathers all around the body and it's made up from the material which I have never seen and it's quite large to wear and it's full of colours and I think that's about it.
- Mo:** The unusual item of clothing is on Asos. They have these like sandals but they're just hair, it's really gross. It looks disgusting. Kind of like that creature from Star Wars. The one that doesn't speak, I don't what his name is, he's like [screech] that one. That, yeah, those are the shoes they're just weird, wouldn't wear them myself, yeah.
- B:** The most unusual item that I've ever seen would probably be a teddy bear. And I'd seen it in Piccadilly Circus. And it was on a guy's head. And he was dancing with it and he was walking around with it like it was just normal and, I did like it, it put a smile on my face.

3.17 Unit 3, Revision, Exercise 7

I know we have to leave soon, but I haven't decided what to wear yet. I've been trying to choose between these light blue leggings and this green skirt with silver stars. What do you think? Have I got time to try them both on so you can see?

13 BBC Culture, Exercise 5

The price of fashion, Part 1

These days the fashion industry is big business. Fashion designers bring out new clothes collections every week. And everybody wants to have the latest styles. That means a lot of shopping. Fashion bloggers on social media and clothes shops on the High Street want us to buy, buy, buy. But what is the environmental price of all these clothes?

Stacey Dooley is meeting Lucy Siegle – a journalist who's been investigating the problem.

'What we're doing is we are producing over a hundred billion new garments from new fibres every single year and the planet cannot sustain that.'

The idea of fast fashion means that people throw a lot of clothes away. In fact, six out of ten of all new clothes become rubbish like this in less than a year. The fashion industry causes a lot of pollution. Clothes factories use a lot of chemicals and they produce a lot of waste. That waste can pollute the air and the water, and cause health problems for the local people. But do we actually know about this?

14 BBC Culture, Exercise 6

The price of fashion, Part 2

Cotton is one of the world's favourite materials. It feels natural and eco-friendly, but the truth is very different. People have been producing cotton for thousands of years. These days we produce around 25 million tons of it every year. Growing and producing cotton uses a lot of water. It's difficult to believe how much as this survey in the city centre shows. To make just one pair of jeans you need ... how many litres?

'One thousand, two thousand, three thousand, four thousand, five thousand, fifteen thousand five hundred and twenty three.'
'No way!'

And for a pair of jeans and a shirt you need ...

'Nineteen, twenty, twenty thousand five hundred litres.'

'What?'

We all love to shop, but how often do we think of fashion's effect on the environment?

'How many pairs of jeans do you have?'

'Probably about six or eight.'

'Six or eight. You know, to put it frankly, cotton is responsible for one of the biggest environmental catastrophes that we've seen today on planet earth.'

This is the catastrophe that Lucy is talking about. This area was once the Aral Sea on the border of Kazakhstan and Uzbekistan. Sixty-eight thousand square kilometres of water. The Aral Sea had an important fishing industry and was popular with tourists too, but in the 1960s people began growing cotton in this region. They changed the direction of some rivers so that the water went to the cotton farms and not into the sea. Ninety per cent of the Aral Sea gradually disappeared and became desert like this. Cotton farming and the clothes industry have caused the problems of this region.

Perhaps it's time for all of us to change our shopping habits. We need to stop and think about what fast fashion is doing to the planet.

PC1-3.1 Progress Check Units 1-3, Exercise 7

Yesterday, at a coffee shop, I saw my old school friend Maya. I hadn't seen her for a very long time. But recently, we've been writing to each other on social media. We decided to meet in the town centre, at a café.

I hadn't seen Maya for seven years. I didn't recognise her at first because she had changed so much. I was very surprised when this young woman introduced herself as Maya! She was older and looked very different too. These days, she has black painted nails and hair dyed purple. She was also wearing a colourful outfit. Later, I learned it was made from ethical materials.

We talked and talked and forgot about the time. Maya had been a good friend and we often used to sit next to each other at school. Then she left because her family moved to another part of the country. I was very upset at the time. We wrote to each other a few times, but then stopped. We didn't communicate again until we reconnected on social media recently.

But it was even better to see each other in person and catch up on what we've both been doing recently. I'm studying biology at university. At the moment I'm doing a project on climate change. Maya was pleased to hear that because she works for an environmental organisation. She organises events for them, and she now wants me to speak about my project at one of them! I'm delighted! The more people know about it, the better.

Because we're interested in similar things in our lives, we have a lot to talk about. We're meeting again next week!

UNIT 4

15 Wider World, Unit 4, 4.1, Exercise 13

Pr = Presenter P = Peter Sz = Szilvia K = K.C. So = Souren Z = Zeca

- Pr:** In your opinion, which jobs should be better paid? Why?
- P:** The jobs that provide value for mankind are the ones that should be well-paid, but obviously most of those, like street sweeping or bin collection, it wouldn't be feasible to pay them.
- Sz:** I often think about street sweepers when I walk in London streets, some streets can be really dirty. And I thought if the

street sweepers, the people who actually clean the street would stop for a week or a month, it would be a massive disaster. And we really underappreciate that job. And I think they should be paid much more.

- K:** I think anybody in the armed services deserves more than the stipend they receive for all the troubles that they go through and their family goes through. Those are the first ones that come to mind.
- So:** It's a good question, which job should be better paid. Presumably one factor would be the amount of time you spent getting educated, the ... another factor would be how valuable you are to society. Those are two pretty good ones and I'm not thinking that necessarily that's what happens at the moment but yeah that would be my brief answer.
- Pr:** What job wouldn't you want to do? Why?
- Sz:** What job I would hate to do is sitting in an office from nine to five and wreck my back and wreck my whole health just to sit in there all day and staring at a screen of a computer, that would definitely be a no-no.
- Z:** I don't think I would be happy with jobs that would confine me to an office, you see, and would force me to be at the same place all the time. I'm a journalist so I really love to be on the street and travel around and see things and talk to people.

16 Wider World, Unit 4, 4.4, Exercise 6

P = Presenter Z = Zeca Ma = Martina My = Myriam

B = Brandon C = Charlie T = Tom

- P:** What will you be doing at 11 p.m. tonight?
- Z:** OK, today at 11 o'clock p.m. I'll be flying back to Brazil. I board actually at 9.30, so I'll be like approaching the Atlantic by 11, and hopefully getting home tomorrow morning.
- Ma:** I will be going out with my parents 'cos they're gonna come to visit, and we will be going to the restaurant and probably to the cinema 'cos there are a few interesting movies around.
- P:** What will you be doing this weekend?
- My:** I will be visiting my friend in Oxford 'cos he's doing a PhD programme over there and, ah, we're gonna have lunch and walk around, um, that's about it.
- P:** What will you be doing next summer?
- B:** What I'll be doing next summer? I will be away on holiday, hopefully in a foreign country relaxing in the sun and spending time with my family and loved ones.
- C:** Next summer I will be ... probably travelling. If I get enough money go around Europe, the capital cities. That would be great.
- T:** I, next summer, I will be hopefully at Glastonbury as a sad old middle-aged festival goer, standing in the mud with lots of the youth.
- P:** What will you be doing in five years?
- B:** What I'll be doing in five years? Hopefully working in a post house as an assisting editor. I may be an editor if I'm lucky.

4.11 Unit 4, 4.5, Exercise 4

P = Presenter

- P:** Good evening, everybody, and welcome to this year's Young Business Award. We've had more candidates than ever and later this evening we'll be announcing the winner. We've got some great prizes to give away.

4.12 Unit 4, 4.5, Exercises 6 and 7

S = Stuart C = Claire P = Presenter

- S:** Hi, you're Claire Marshall, aren't you? I saw you on TV last night.
- C:** Hi, you must be Stuart. Oh, that was so embarrassing. I was really nervous in front of the cameras.
- S:** You didn't look it. I thought you were very calm! So, how old were you when you started your business?

- C:** Sixteen. I used to go to the gym with my mum and her friends. They wanted to get fit, but they couldn't do it on their own. I was into sport and I started to help them.
- S:** Did you do a course?
- C:** Yes, I wanted to make a career of it, so I did a course and got a diploma. It arrived on my seventeenth birthday and now I'm eighteen and I'm a successful personal trainer.
- S:** Awesome! So we're both into sport.
- C:** Really? What do you do?
- S:** Well, I'm only fifteen, but I love the mountains. Last year I was walking with friends when the weather suddenly changed. We got lost and couldn't follow the route on our map. At home, I designed an app with different routes and updates about the weather. My friend from next door helped me.
- C:** Cool idea. Do you work alone?
- S:** Not exactly. My dad has a job in a sports shop and showed it to his boss. He liked it, so he helped my dad persuade a bank to put money into my idea. Now my dad's working with me in his free time to develop an app for skiers.
- C:** It's good to share your ideas with others. My mum helps me, but she's more of a friend than a colleague. And I don't pay her!
- S:** Oh, hang on ... they're announcing the winner.
- P:** And the winner is ... Stuart McLean! Stuart, you're off to New York next month for a week and ... you'll be working with famous app developer Ellie Jones!
- C:** Well done, Stuart! I hope you're ready to make a speech!
- S:** Oh wow! I don't know what to say. A weekend in New York! With Ellie Jones!
- C:** No! It's not a weekend; it's a week!

4.18 Unit 4, Revision, Exercise 7

At the 'careers day' tomorrow different specialists will be talking about their work. There will be a film director, a journalist, an app designer, an accountant, a flight attendant, a lab assistant and others. You'll be able to ask them questions too.

4.19 Unit 4, Set for Life, Exercises 3 and 4

So you've applied for a part-time job and you've got an interview. Congratulations! But what should you do to make a good impression at the interview?

First, think about your appearance. You should wear nice, smart clothes – maybe something that your grandmother would like you to wear. An interview is a formal situation. You want the interviewer to think that you are making an effort. So the casual clothes you wear when you're with your friends may not be the best choice. Think about your hair too. It shouldn't be messy and it shouldn't hide your face. The interviewer wants to see you properly. Remember to smile. That will make you look friendly. And look into the interviewer's eyes when you're talking to them. If you look away all the time, the interviewer might think that you are hiding something or not telling the truth.

When people are nervous, it's difficult to stay still. They keep moving their leg up and down or playing with a coin or pen in their hand, or with their hair. Try not to do this in an interview. The interviewer needs to focus on your words, not on how you are moving. Instead, put your hands on your knees and your feet on the floor. And sit with a straight back. That will help you to look more confident.

4.20 Unit 4, Set for Life, Exercise 5

But, of course, success in a job interview isn't only about your appearance. You will also have to say the right things, so make sure you do some work before the interview to get ready. Do some research so you know a bit about the business. Then think about the skills that are needed for the job. Which of your past experiences and hobbies show that you already have some of these skills? Make a list.

Next, find some examples of questions that are often asked in interviews. Plan the answers you might give. One typical question is 'What are your weaknesses?' When you answer, you should also tell the interviewer how you're trying to change so that you won't have those weaknesses forever.

On the day of the interview, make sure you don't arrive late. And turn off your mobile before the interview starts so that it doesn't make a noise at the wrong moment. During the interview, try to relax, and show three main things. First, that you really want the job. Second, that you're ready to learn how to do it – you don't know already, so don't pretend that you do. And third, that you have the personality and skills that they're looking for.

UNIT 5

5.7 Unit 5, 5.2, Exercise 3

Z = Zac E = Emilia J = Jay

- Z:** So, my friends Jay and Emilia are with me today. Jay isn't keen to be an astronaut, but Emilia would think about it. Why is that, Emilia?
- E:** Well, it depends, actually. If I went to the International Space Station, I'd love it. But if I went to Mars, I would hate it because the journey to Mars can take between six and eight months!
- J:** Oh, that sounds terrible! I wouldn't go there unless I had to.
- E:** Most astronauts go to the Space Station. It travels around the Earth in an orbit, so if you go to the Space Station, you can come home after a few months.
- J:** Wherever you go – to Mars or the Space Station – an astronaut's life is still very strange. I read that it's very quiet because sound waves can't travel in space. So astronauts wouldn't hear the other people on the spaceship if they didn't wear radio headphones!
- Z:** And, of course, there's no gravity. Can you imagine?
- J:** Yeah. If astronauts drop something in space, it doesn't fall; it just floats away!
- E:** And bedtime must be crazy in a spaceship – you can't lie down and you can't sleep unless you attach yourself to the 'bed'!
- Z:** There's one good thing about floating in space: your back 'stretches' about five or six centimetres because there's no gravity.
- J:** Cool! So I'll grow taller if I travel in space!
- E:** Yes, but when you get back to Earth, you'll be your normal height again after about a week or so!
- Z:** Interesting! And what about the ...

18 Wider World, Unit 5, 5.2, Exercise 7

P = Presenter Sa = Salim R = Rudy Z = Zeca K = K.C.

S = Souren

- P:** Would you like to go to Mars?
- Sa:** I would love to go to Mars! I would love to discover a new planet and just go around but the only problem is I don't think we have the capacity to go and live there now, so ... I would love to go to Mars, though.
- R:** Yeah, I'd agree with that. I mean, I think planet Earth is ... it won't be inhabitable in a couple of years so I'd love to go to Mars actually. It would be a great adventure, wander about, create a new civilisation. Yeah, it would be fun.
- Z:** If I'd like to go to Mars? Come on, I'm a traveller so I already know 104 countries in this world. I mean, why not start to explore a little bit further? So yeah just for the sake of it? I'm not troubled if I'm going to find something very exciting to do there, but just the fact of like pushing these limits. I mean, this Earth is really small for us so let's go forward.
- K:** I'm not ... I travel a lot in my profession and it's hard enough to be away from my wife and kids for three weeks at a time, let alone however long that would take. I just

couldn't bear to be away from my family that long and I'll leave it to people who ... have more scientific inclination than I do. I just couldn't bear it.

- So:** I would definitely not like to go to Mars. Definitely not. I'd rather stay here because I like it here, I can breathe and I think it would take a long, long time. So that one I don't have much doubt about.

5.12 Unit 5, 5.4, Exercise 6

However, people who disagree with the conspiracy theory can explain all these mysteries. The astronauts kept the flag in a thin tube, so when they took it out, it seemed to wave. Why are there no stars visible in the photos? The landings happened in the morning and the stars were not bright enough to appear. The surface of the moon is covered by dust. When the module landed on the moon, the engines blew the dust away and it didn't leave any traces. And they add that if landing on the moon had been a fake story, astronauts from other countries would have discovered the truth long ago! Moreover, about forty thousand people worked on the mission. It wouldn't have been possible for all these people to keep the secret!

19 Wider World, Unit 5, 5.4, Exercise 7

P = Presenter R = Rob S = Sandra V = Vnisha C = Cebo

- P:** Finish the sentence: If I hadn't met my best friend, ...
- R:** If I hadn't met my best friend, I wouldn't have travelled the world and seen amazing things.
- S:** If I hadn't have met my best friends, I would've become a very different person. She showed me the way how to be more normal.
- V:** If I hadn't met my best friend, I wouldn't have joined the TV industry.
- C:** So if I hadn't met my best friend, I don't think I would have worked as nearly as hard in university.
- P:** Finish the sentence: If I had learned, ...
- C:** If I had learned properly how to use grammar the first time, I wouldn't have spent so much time in university focusing on it.
- R:** If I'd learned how to speak French, I would have lived in France.
- S:** If I hadn't learned English, I would have not come to UK and coming to UK was one of the best experiences that happened to me.
- V:** If I hadn't learned how to drive, I wouldn't have got any entry-level jobs

5.14 Unit 5, 5.5, Exercise 6

Good afternoon and welcome to *Fantastic Firsts*, the programme where we look at record-breaking scientific achievements of the twenty-first century. Today we remember Felix Baumgartner from Austria, the famous 'fearless Felix'. In October 2012 Felix jumped from a balloon high above the Earth in New Mexico, USA. He was falling so fast that he became the first human to break the sound barrier without using an engine.

We're going to hear about that record-breaking jump. And as usual, we'll have a prize for the first person to phone in with the answers to five questions, so listen carefully!

So what actually happened on the big day? Well, if you look on our website, you can get an idea from the pictures there. First of all, Felix put on a special space suit, like the one astronauts wear. If he hadn't worn this suit, he wouldn't have survived the jump. Then he got into a small metal capsule under a giant balloon. The balloon was filled with helium, which is a really light gas. It took Felix up into the sky, right to the edge of space. The journey upwards took more than two hours. He had oxygen in his parachute pack to help him breathe. At one point, Felix couldn't see through his helmet, but he carried on. Once he reached the right height, he jumped out of the capsule. At first, he fell towards the Earth without using his parachute, pulled by the force of gravity. This is called 'free fall'.

Then, finally, he opened his parachute before he landed safely on the ground as a record breaker.

5.15 Unit 5, 5.5, Exercise 7

So here's some more information about Felix Baumgartner's amazing jump, which he made on the fourteenth of October 2012 in New Mexico in the United States.

The famous Austrian skydiver, then aged forty-two, had already performed over two thousand five hundred skydiving jumps before this particular jump.

Now, in the 2012 jump, Baumgartner flew upwards about thirty-nine kilometres into the skies over New Mexico. He broke the unofficial record for the highest manned balloon flight, which was thirty-seven thousand six hundred and forty metres.

Baumgartner's total jump, from leaving the capsule to landing on the ground, lasted less than ten minutes. During the free fall, he was travelling at incredible speeds of up to one thousand three hundred and fifty-seven kilometres per hour. That's faster than the speed of sound – a new record at that time!

Before he jumped, Baumgartner expected the free fall – the part without using the parachute – to last about five or six minutes. In fact, he opened his parachute after roughly four minutes and twenty seconds. If he had waited a bit longer, he would have broken the record for the longest time for a free fall. However, his jump was still the highest.

The whole event was extremely expensive. His space suit alone cost two hundred thousand dollars. The total cost was not just thousands, but *millions* of US dollars.

So now, if you want to win a prize, just send us a text or email about this amazing jump. We need to know the place, Baumgartner's nationality, the height, the speed and the length of time he was in free fall. Oh, and the total cost. Good luck!

5.20 Unit 5, Revision, Exercise 7

Welcome, everybody, to the space museum. In this room you can see a model of our solar system, and on the wall a map of our own galaxy. The red arrow shows the planet Earth. But if you look, you won't see it. It's too small!

21 BBC Culture, Exercise 6

Exploring the unknown, Part 1

These dramatic mountains are in Venezuela, in the middle of the rainforest. They are called 'Table-Top Mountains' because of their flat tops. The smallest Table-Top mountain is a thousand metres high, and the tallest is over three thousand metres. If you want to reach the top of the tallest mountains, you have to climb the sides ... or go by helicopter.

Steve Backshall and his team have been exploring the top of one of the mountains. It's like a different planet.

They've also been inside the mountain, in this system of caves. The caves are millions of years old, and over 20 kilometres long.

Now it's time to come down again. If the team used the helicopter, they'd be down in the valley in a few minutes. But there's a more exciting way ... If they use ropes, they'll have a much better view of this amazing waterfall.

This is the Angel Falls. It's the tallest waterfall in the world. Will the team come down?

22 BBC Culture, Exercises 7 and 8

Exploring the unknown, Part 2

Steve is getting ready to go.

'OK. Last few checks. Everything good to go. ... Woo! ... A very, very long way up.'

'Whooahh! That is out of this world!'

The height of Angel Falls is nine hundred and seventy-nine metres.

'I have the huge forest valley below me and the world's biggest waterfall off to the side of me. This is awesome!'

The team have to repeat this move thirty more times to get to the bottom.

They have finally reached the jungle. It took hours to get here from the top of the mountain. The journey is over. It's been a fantastic adventure, but there are other places in this landscape where no human has ever been. The mountains still have a lot of secrets.

UNIT 6

6.4 Unit 6, 6.1, Exercise 8

A

P = Presenter S = Sadie

P: I'm with Sadie Black. Sadie's the local postwoman and her husband Malcolm isn't feeling too well. There's no GP on the island, so Malcolm asked for an online appointment with his doctor. How did it go?

S: Fantastic. Malcolm got through to the doctor straight away and he described his symptoms. He's got a sore throat, he's coughing a lot and he's lost his appetite. The doctor said he might have this new virus that's going around right now.

P: Did he get a prescription?

S: Yes, he did. The doctor's sending some medicine with the drone. It's a lot faster that way. Here it comes now! Look!

B

P = Presenter C = Claire

P: Claire Fraser is a young mother with two small children: Cameron and Heather. So, Claire, what's it like to look after your kids' health while living on the island?

C: My kids are the healthiest kids on the planet. They never fall ill, but they're always playing outside, so they've had a few accidents. Last week Cameron hurt his back when he fell out of a tree, and last night Heather wasn't looking where she was going and she ran into a wall and hit her head. And when she woke up this morning, she said she felt a bit dizzy. She seems OK now, but I've phoned up and made an appointment with the doctor just to be sure. We're going to take her over in the boat first thing this afternoon.

C

P = Presenter A = Alex

P: Alex Munro is a keen runner, but last month he had an accident. Alex, how did it happen? What did you do?

A: I was running down to the beach when I fell and hurt my leg. I felt sure I'd broken a bone. I felt terrible. It was really painful. I almost fainted with the pain, to be honest. I called the emergency services for help and they were amazing. They sent a helicopter to pick me up and take me to the hospital. I got emergency treatment in the helicopter. They also took my temperature and gave me painkillers, and just a few hours later I had an operation. I was very annoyed with myself because I'm usually very careful when I run. I've had aching muscles, of course, many times, but this was the first time I'd ever had a serious injury. I hope it's the last time too.

23 Wider World, Unit 6, 6.1, Exercise 12

P = Presenter C = Carol M = Myriam B = Brandon

S = Szilvia A = Allister

P: What do you think are the best remedies for a cold?

C: The best remedies for a cold are garlic, lots of garlic in your food. In fact, if you take enough garlic, you don't get a cold.

- M:** Best remedy for a cold ... you drink lots of water and you have a great sleep and have a rest. And don't think too much and just keep thinking that the cold will go away and you'll be fine.
- B:** Maybe honey and lime in a cup, and maybe some Vicks 'cos us Jamaicans we love our Vicks on our chest when we get a cold.
- P:** What do you do when you have a cold?
- S:** When I have a cold I try to rest a lot. Of course it depends on how busy I am.
- B:** When I have a cold I try and carry on with my life as best as I can until I can't anymore and I'm just basically hospitalised.
- M:** I go to bed straightforward, like, I go to bed and drink lots of water. I take plenty of those before I got to bed but then I go to bed.
- A:** See I would go back to my mum, my mum used to when I had a cold my mum used to give me ... she boiled up hot water, put honey in it and then a little bit of cinnamon in there and that would probably cure me for the next day, I think.

🔊 6.10 Unit 6, 6.4, Exercise 5

My mum's a doctor. Yesterday, her first patient was a young guy who seemed really shy and nervous. She told him to come in and asked him to take a seat. She asked him not to be nervous and told him to relax. She asked him to tell her what the problem was, and he said he'd hurt himself while he was shopping. She told him to explain where he had been hurt. He said it had happened in the frozen foods section of the supermarket. She tried not to laugh and said that that wasn't what she'd meant. Then she asked him to show her which part of his body hurt. He said it was his back.

🔊 6.12 Unit 6, 6.5, Exercises 5 and 6

Why do extreme sports? Well, they provide great exercise for your body. In many extreme sports you use your whole body, so you exercise lots of different muscles. As most extreme sports are done outdoors, you also get lots of fresh air into your lungs. The adrenaline rush you get from doing an extreme sport really gets your blood pumping, so it's also good for your heart.

But it's not only good for your physical health. Extreme sports can have a positive effect on your brain, too. Research shows that doing extreme sports can improve your mood and your confidence, and reduce stress. Of course, we should also remember that extreme sports are risky and are not for everybody. If you're not fit, you are at greater risk of injury and, certainly, if you have any serious medical problems, you should always check with your doctor first.

🔊 6.13 Unit 6, 6.5, Exercises 7 and 8

Oh ... hi ... umm ... it's Zara here. I'm just phoning about my birthday party on Saturday. I'm really glad you can come. Anyway, I've got some more details about it now. It's at a place called The Climbing Wall, opposite the library and next to the leisure centre. The party was at 10 a.m. on Saturday morning, but now it's at 11.30 instead – I hope that's OK. We'll do climbing and abseiling for an hour and a half, and then we'll have food at the place. We're going to have some pizzas and stuff ... Oh, yeah, my mum just told me to ask if you have any food allergies. So let my mum know if you do. Right ... what else? Oh, yes – the man at The Climbing Wall told me to make sure everyone wears long sleeves and trousers. Oh and Katy's mum said she'll give you a lift to the party if you want, but can you call her to let her know? Her number's 079 6473 8276. I think that's everything. I can't wait! Bye!

🎧 24 Wider World, Unit 6, 6.5, Exercise 9

P = Presenter R = Rudy S = Salim C = Carol M = Marne K = K.C.

- P:** Have you ever tried an extreme sport?
- R:** Have you done any extreme sports?
- S:** I tried rugby.
- R:** I don't think rugby counts as an extreme sport, it's just like a team sport.
- S:** Oh, skate boarding.
- R:** I don't think that counts as an extreme sport.
- S:** Snowboarding.
- R:** Oh yeah, maybe snowboarding is quite extreme, you could die.
- C:** And not exactly an extreme sport but I did try hang-gliding on holiday once. It was quite exciting.
- M:** I've never tried an extreme sport, I'm not that brave but if I were to try one, it would be anything involving a horse, 'cos I have a great confidence on a horse and not so much without it.
- K:** In New Zealand years ago I parasailed. I'm not sure that that qualifies 'cos I was strapped to somebody else and ... off we went. I've always wanted to jump out of an airplane and I even had a chance to do it with the Golden Knights of the US Army and my wife wouldn't let me so that ... but I've witnessed extreme sports up close and I'm sure gonna leave that to others, but those guys that jump out off peaks and all of a sudden they're sailing of their own free will, I would love to do that but I could never do that, I'm too afraid.

🔊 6.15 Unit 6, 6.6, Exercise 6

- 1**
My ear really hurts. It started last night, and I couldn't sleep very well.
- 2**
I cut my finger on a piece of metal on my bike. It's only a very small cut, but it won't stop bleeding.
- 3**
I've got a really bad stomach ache, but I don't want to miss my swimming lesson. If you were me, what would you do?

🔊 6.16 Unit 6, 6.6, Exercise 7

- 1**
B = Boy G = Girl
B: My ear really hurts. It started last night, and I couldn't sleep very well.
G: You'd better go to the doctor's. It sounds like you've got an infection.
- 2**
G = Girl B = Boy
G: I cut my finger on a piece of metal on my bike. It's only a very small cut, but it won't stop bleeding.
B: Have you tried putting a plaster on it? That should stop the bleeding.
- 3**
B = Boy G = Girl
B: I've got a really bad stomach ache, but I don't want to miss my swimming lesson. If you were me, what would you do?
G: Go home! You shouldn't go swimming with a stomach ache – it could be dangerous.

🔊 6.19 Unit 6, Revision, Exercise 6

I work as a school nurse. Most problems are not too serious. Students sometimes have a nosebleed or painful bruises. Or they might want some pills for a headache, or need a plaster for a cut on their hand. But I have to be ready for serious injuries too.

6.20 Unit 6, Set for Life, Exercises 3 and 4

I = Interviewer A = Ash

- I:** Today I'm talking to teenage campaigner Ash Akrabati. Ash, thanks for joining us today.
- A:** No problem. It's great to be on the show.
- I:** So Ash, tell us about your campaign.
- A:** Well, I was talking to my grandmother and she said that a lot of older people in our town were very lonely. So I decided to start a campaign to help.
- I:** What did you do?
- A:** First, I talked to some of my grandmother's friends, and their friends, to find out why they didn't have enough company.
- I:** And what were the reasons?
- A:** There were two main ones. The first was that their families lived far away, so they couldn't visit very often. And the second was that it wasn't easy to go to their friends' houses because they couldn't walk very far and there weren't enough buses.
- I:** What did you do next?
- A:** I started a petition. It asks for more buses so that older people can travel around town to visit their friends more easily.
- I:** Did a lot of people sign your petition?
- A:** Yes, more than ten thousand people signed it. And I also did a social media campaign to raise some money for an 'Old and Young' club.
- I:** What's an 'Old and Young' club?
- A:** It's a club that brings older people and teenagers together. We meet every week in a local hall. The teenagers go to the old people's houses and help them to get to the hall. Then we chat and play games together. It's a lot of fun.
- I:** Was it easy to find teenage volunteers?
- A:** No, it wasn't – not at first, anyway. I put up posters at school, but no one showed any interest. Two of my friends were the first volunteers and, luckily, they enjoyed it. They helped me to find more volunteers. We also took leaflets about the club to doctors, and the doctors gave the leaflets to their older patients. Now we have ten volunteers and twenty older people at the club every week. I think we really make a difference!
- I:** Great work, Ash!

PC1-6.1 Progress Check Units 1–6, Exercise 6

Welcome, everybody, to your tour of the space museum. Please follow my instructions as we move from room to room. I will also give you some interesting facts and information. Please follow the blue line. It will lead to the planet room.

Here we are. On the wall in front of you, you can see our solar system. I'll give you some time to read the information about each planet or listen to the audio commentary if you prefer.

Working in space is not so easy! So our second room is about the life and tasks of an astronaut. Follow the blue line and I'll meet you there.

Here is a real astronaut's suit, helmet and gloves. You can try them on if you want. The gloves are really important. Sometimes an astronaut has to do a space walk outside the space station to be a mechanic. If they need to fix something, they have to be able to move their fingers. When you put on the gloves, you can feel the heat inside. They are keeping your fingers warm. It's very cold in space!

And the astronauts have to stay healthy too. If they have a health problem, they can describe their symptoms on a special app for space health. It's right here on this computer. Go ahead, imagine you have an illness. Try it and see what it says. There are real medical officers on the space station, of course – the app is only there to help. It can also measure heart rate, take a blood test and get other bio-data. It shares this data by satellite with doctors on Earth.

So now we are in room number three. We're going to learn some space science! Please listen and read the information when you look at the equipment. And we have an experiment you can try for yourself. Helium gas is very useful to astronauts: let's see why. If you press this button it will fill the balloon. Now watch the balloon. That's right, it goes up! This shows that helium is lighter than air.

Please go through these double doors and look up. It's amazing, isn't it?! What you see on the whole ceiling of this enormous room is our galaxy. Go ahead, count the stars to see how many there are. No, that's a joke! It would take you a very long time. There are about a hundred thousand million of them!

UNIT 7

26 Wider World, Unit 7, 7.1, Exercise 9

P = Presenter J = Jiaying Mar = Marne Mart = Martina Alb = Alberto All = Allister My = Myriam Z = Zharif

- P:** In what kind of situations do you find communicating difficult?
- J:** I would find communicating difficult at a party where there are lots of people.
- Mar:** I find communicating difficult when I'm in a large crowded place and it's quite loud, because I really enjoy hearing the person and starting a conversation where you can feel like you make a connection.
- Mart:** Probably the toughest situations here in London is when you find people that are not English and they come from different countries, and they have different accents, and that can sometime be a bit tough to understand what they're saying and try to reply.
- Alb:** Yeah, this is why it's important to keep learning and to make yourself better to really be able to speak with the other people.
- All:** I don't know the exact answer to this but when I'm ... well especially when I'm doing my coaching, my football coaching, so the thing that I find really difficult is trying to explain to players or a group of students. Basically, if they don't understand English, it's a bit complicated so that's when you have to use hand gestures and movements, and it's a bit difficult at that time. So, yeah that would ... I would say probably the worst ... not worst but very difficult to explain to them.
- My:** At work when you have a conflict with your colleagues and especially you are the team leader, you find it very difficult to communicate.
- Z:** Situations where you have an interview during your work 'cos you will be like a bit nervous, like all these somewhat killer questions coming asking at you, so, yeah this interview so like we say we have to prepare for the interview to make sure we have like confidence and know what we want to present.

7.5 Unit 7, 7.2, Exercise 5

Z = Zac M = Mel

- M:** So, today on the podcast I am joined by Zac and we're going to talk about escape rooms. Hi, Zac.
- Z:** Hi, Mel. Sorry I'm late. I was in London and my train was delayed by bad weather on the way back.
- M:** No problem. OK, what can we say about escape rooms? Well, first of all, they're very popular. Did you know there are at least one thousand five hundred escape rooms in the country? And that three escape rooms have opened in our area since last year?
- Z:** No, I didn't know that.
- M:** What happens in an escape room?
- Z:** Well, firstly, they describe a situation or a story, then some rules and some instructions are given out and you use logic and observational skills to find clues and to work out the answers to lots of puzzles. There's a time limit – the game

must be completed in an hour. And you've got to work as a team. It can't be done if you don't share ideas – you've got to work together.

M: I see. So, you were invited to an escape room recently.

Z: Yes, I was taken there by my cousin Mike for his birthday – with four of his friends.

M: Lucky you! I have never been invited to do something like that for a birthday. It's a good idea, though. So how did you get on? Did you have any arguments?

Z: Well, yes. Maybe our voices were raised once or twice, but we didn't fight.

M: Did you win?

Z: Yes, we completed the game with thirty-two seconds to spare!

M: Well done! OK, tell me more about ...

7.7 Unit 7, 7.3, Exercise 5

My brother loves April Fool's Day and every year he plays a different trick. Sometimes they're funny and other times they're just annoying. For example, this year he changed the language on the TV so that everything was in Spanish. Nobody speaks Spanish in our house. Last year he put my little sister's socks in my drawer. When I took out a pair of socks in the morning and tried to put them on, I thought my feet had grown. Hey! I'm not at my best in the mornings! Another year he stuck a huge black plastic spider on the inside of a lamp in the living room. My mom almost had a heart attack. And a few years ago, when we were in a burger restaurant, he went up to the counter and asked for a left-handed burger. The guy behind the counter just looked at him. My brother explained that he was left-handed, so he needed a burger for left-handed people. The guy didn't say anything. He just nodded. Then he took a pen and wrote something on the box that the burger was in. He gave it to my brother. We looked at the box. The guy had written 'Burger for left-handed people' on it. We all started laughing. It was pretty funny.

7.11 Unit 7, 7.5, Exercises 4 and 5

1
For our tenth anniversary we've got something different for you. So, if you're looking for great taste, try our new Giant. With fresh lettuce and a special mustard sauce, not only will your hunger be satisfied, but ...

2
Speed, safety and style – all three are delivered with our new exciting design. So put on your trainers and your cycle helmet, and get ready for the ride of your life. Now available in ...

3
Only one brand has been tested and shown to offer long-lasting protection against the daily attack of food and drink. From chocolate to coffee, White Stripe offers excellent cleaning power and will leave your breath fresh and ...

4
Oh, no! Cheesy pasta sauce, roast chicken ... That's no problem for Cinderella. Removing tough food from dishes has never been easier. And it's kind on your hands and nails too!

5
Close your eyes and enjoy the beautiful rich smell that is released when you open a bar of Pure Velvet. Relax and let each square melt in your mouth and enjoy the creamy flavour while your mind is taken wherever ...

7.12 Unit 7, 7.5, Exercise 6

1
M = Mum G = Girl

M: These are the jeans you like, aren't they? The ones with the butterfly logo.

G: I used to wear those when I was about ten, Mum! I'm looking for some B.B. jeans – they've got stars on the logo. You know, the ones that have that cool advert on TV.

M: Here you are – these have got a silver star.

G: The logo for B.B. jeans have stars on a kind of crown, not just one star. And they're gold, not silver. Let's try another shop.

2

B = Boy G = Girl

B: Oh ... thanks.

G: What's that?

B: It's a leaflet for that new pizza restaurant on Bold Street.

G: Oh, I went there for my birthday.

B: What's it like?

G: Not bad. You get a free soft drink, which is alright, and you get a free salad with every meal – and I've got to say, the salad bar is amazing! The pizzas were pretty good for the price, but I've had better ones.

3

B1 = Boy 1 B2 = Boy 2

B1: Hey, Sam. What's that?

B2: It's a poster for my band. We've been asked to play at a youth music festival at the weekend. Where do you think I should put it up?

B1: There's a place in the supermarket where you can put up posters.

B2: The supermarket ... I'm not sure that's the best place. I was thinking about the music shop.

B1: Yeah, I see what you mean, but it'll be seen by a lot more people at the supermarket.

B2: Hmm ... you're right.

B1: What about the school? That would be a good place.

B2: Yeah, I know. But I'm sure I won't be allowed to put it up there.

4

B = Boy D = Dad

You're listening to *Radio Crossways* – number one for ...

B: Dad, did you hear that?

D: What's that, Joe?

B: The advert on the radio for the new football academy. Can I go, Dad?

D: Sorry, son, I'm at the office all day Saturday.

B: It isn't on Saturday. It's on Sunday.

D: But that's when I take your sister to swimming lessons.

B: She starts at half past twelve. The football training starts at half past nine, so it'll be finished by half past eleven. Please, Dad?

D: I'd love to help, but your mum needs the car on Sunday morning and she won't get back until twelve.

27 Wider World, Unit 7, 7.5, Exercise 7

P = Presenter Ma = Martina Alb = Alberto Mo = Monica All = Allister S = Salim R = Rudy B = Brandon

P: What's your favourite TV commercial?

Ma: So last year there was a really cool advert from John Lewis, technically they always do pretty interesting adverts and it was about a man on the moon and ...

Alb: Very emotional and ...

Ma: Yeah.

Alb: It was fantastic.

Ma: Yeah, a girl looking through a lens and looking at this man on the moon so, it was quite nice.

Alb: And he ... she sent a balloon to the man.

Ma: Yeah.

Mo: My favourite advert was the Dairy Milk eyebrows one where they're like ... and it's not on any more but the Dairy Milk adverts are the best adverts I think they're hilarious. So yeah, that one.

All: I think Chanel one where there's a lady. I think she's with this guy and she goes surfing, and by the time she comes back the guy has left already, and it's about, I think it's about her trying to work and have the social life at the same time, I think that's probably my favourite advert.

- S:** Ah, I would say the best advert I've ever seen was a car advert there was a car that was just passing by, you know, the normal advert that they have, and there was like an eclipse and we didn't see it. And then there was a question that asked 'Did you see the eclipse?', and then, they replayed the car, you know, moving and we had to watch, and then, then you notice the eclipse and they were like, 'This car is so good you didn't even notice the eclipse.' That was fantastic.
- R:** It's very smart that, mine's not that complex. It's like a lady walking down the aisle trying to buy toffee, and there's like two monkeys on top of the aisle trying to get the lady to buy their flavour. So one, one monkey goes like, 'Toffee! Toffee!' And the other monkey goes like, 'Jammy! Jammy!' And then there's one monkey, the last one, he's a bit aggressive, he's like, 'Chocolate! Chocolate!' So that's quite funny, I think, I watch it all the time on YouTube ...
- S:** You watch every kind of weird things on YouTube.
- R:** Yeah, that's my favourite advert, I think it's a Cadbury advert ... Yeah I think it was brilliant, yeah.
- B:** My favourite advert would have to be the Cadbury one with the gorilla, 'cos, they're selling chocolate and they have a gorilla! What's there not to love? And there's music in the background 'I can feel it coming.' I just love everything about it.

7.15 Unit 7, 7.6, Exercise 5

- 1 There aren't many people here, ... ?
- 2 She's a fantastic speaker, ... ?
- 3 We haven't got much time, ... ?
- 4 His voice is lovely, ... ?
- 5 He doesn't like speaking in public, ... ?
- 6 She looks good, ... ?
- 7 I can't talk about that, ... ?
- 8 It went well, ... ?
- 9 You didn't like it, ... ?
- 10 You've made a lot of speeches, ... ?

7.16 Unit 7, 7.6, Exercise 6

- 1 **Man:** There aren't many people here, are there?
- 2 **Woman:** She's a fantastic speaker, isn't she?
- 3 **Man:** We haven't got much time, have we?
- 4 **Woman:** His voice is lovely, isn't it?
- 5 **Man:** He doesn't like speaking in public, does he?
- 6 **Woman:** She looks good, doesn't she?
- 7 **Man:** I can't talk about that, can I?
- 8 **Woman:** It went well, didn't it?
- 9 **Man:** You didn't like it, did you?
- 10 **Woman:** You've made a lot of speeches, haven't you?

7.20 Unit 7, Revision, Exercise 8

Can you both pay attention, please? This photograph will be on posters all around the city. Boy on the left, point at the breakfast cereal, but make eye contact with the girl too. Girl on the right, fold your arms but look at the cereal and raise an eyebrow.

29 BBC Culture, Exercises 5 and 6

Keeping languages alive

There are thousands of different languages in the world today. Some, like English, are spoken by millions of people. English is now studied as a second language by around one and a half billion learners. It is often seen as a kind of 'world language', but there're lots of smaller, regional languages around the world too. Can they continue to exist now that English is so popular?

This is the west coast of Ireland. English is the most common language in Ireland, but in this part of the country people use the ancient Irish language, too.

Stephen Fry has come on this fishing boat to meet some Irish speakers.

'About 80,000 people still speak this language. It's taught in school, and they have very proud Irish speakers all around us. I mean in Donegal and in Cork. But it's here in Connemara Galway that we find probably the majority of Irish speakers.'

'Irish speaking is a very old language. Yah. It doesn't have as many words as the English language, but its descriptions are very, very good.'

[teacher speaking Irish in the classroom]

Thirty-five thousand children in Ireland go to Irish-language primary schools. There are also some secondary schools where all the subjects are taught in Irish. These children can all speak and use English too, but the Irish language is part of their culture and their identity. People feel connected to their local languages. They use them to pass on traditions from generation to generation.

In other countries, many languages are used every day. In Kenya, for example, English and Swahili are the official languages, but there are over 60 local languages, too.

The Turkana people use three different languages in their daily lives: their own Turkana language ...

English for the older children at school and ... Swahili in the towns. But in their own community, the Turkana language is their first choice.

In our globalised world, English is becoming more and more important for education, communication and work. But keeping local languages alive is important if we want local communities and their traditions to survive too.

UNIT 8

30 Wider World, Unit 8, 8.1, Exercise 9

Pr = Presenter M = Martina Alb = Alberto T = Tom

All = Allister J = Jiaying Ma = Marne P = Peter

Pr: Tell us about a famous artist or novelist.

M: A famous one that comes to my mind is Verdi, who is a songwriter, let's say he was from the ...

Alb: From Le Roncole di Busseto near Parma.

M: Yeah. And he was a piano player and he did many interesting and famous plays and opera writings.

T: And I love the sculpture of Rodin so I've seen some of his art in Paris. And again I could go and look at it over and over again.

All: Roald Dahl, probably, 'cos I don't know and it just sticks in my mind that's about it. And I mean I grew up reading his books, especially the BFG, can't forget that, can you?

J: The famous novelist is Charles Dickens. He is famous for his great portrayal of the city of London.

- Ma:** A novelist I'm quite interested in is George Orwell. I found 1984 to be just a fascinating book and I lived through it and fortunately what he wrote didn't happen but, you never know. So I'd like to know how he came up with those ideas.
- P:** I suppose Dickens would be the obvious famous novelist. I've read virtually everything he wrote several times. And I quite often get annoyed that he didn't write more. I've read the unfinished book *Edwin Drood* in three different versions where different writers have added their own take on the ending and I haven't agreed with any of them but, yeah, I very much enjoy Dickens.

🔊 8.12 Unit 8, 8.5, Exercises 6 and 7

A = Ava F = Freddie

- A:** Hi, Freddie. What are you doing here?
- F:** Oh, hi, Ava. I've just spent the day in the newspaper office round the corner. I won second prize in that competition.
- A:** What? The photography one?
- F:** No, that was ages ago. I wrote a short story for the local newspaper. They published my story and I won some cinema tickets. The first prize winner and I were also invited to spend a day at the newspaper office, learning about journalism.
- A:** So, how did it go?
- F:** The first prize winner was ill, so I had to go on my own.
- A:** I hope you weren't late?
- F:** I was *just* on time! I met the editor when I arrived, and she was really friendly. She introduced me to all the journalists.
- A:** What was it like in the office?
- F:** Well, there weren't any big stories, so it was quite quiet. There are lots of TV screens that show the news all day.
- A:** How do the journalists write if they're watching TV?
- F:** Well, they aren't exactly watching TV. They're trying to discover new stories.
- A:** Did anything exciting happen?
- F:** Hah, not really. For example, one story was about a problem with birds in the town. They keep pinching food off the tables at local cafés.
- A:** That's actually quite funny.
- F:** Yeah! ... And I managed to write the headline: 'Cheeky birds steal crisps!'
- A:** Well done, Freddie. Did you meet any local celebrities?
- F:** Actually, yes. A reporter took me to a sports stadium to do an interview with a football player. He signed a football shirt for me.
- A:** Lucky you! So, were the paparazzi there?
- F:** No. Actually, the photographer couldn't get there, so the reporter took a photo on his phone after the interview. The footballer didn't look happy. I think he was disappointed.
- A:** So was that the best part of the day?
- F:** Yes, it was definitely the best thing that happened, but it wasn't the strangest. When I got back to the office, there was a real pony in the reception!
- A:** A pony?! What was that about? Was it lost?
- F:** A man brought it in because he wanted the newspaper to publish a story about it.
- A:** So what happened?
- F:** The pony got very angry and started making strange noises. It looks like you never know what's going to happen when you work as a journalist!

🔊 8.14 Unit 8, 8.6, Exercises 6 and 7

1

M = Man G = Girl

- M:** I'm not sure I want to go to a graffiti exhibition.
- G:** Personally, Dad, I think it's more interesting than normal, boring art.
- M:** Well, it is totally different from other art – you're right there! OK, let's get tickets.
- G:** Brilliant!

2

T = Teacher B = Boy

- T:** I don't understand why you don't want to be in the school play, Leo. On the one hand, it's a lot of work, yes, but on the other hand, it's a fantastic experience.
- B:** As I see it, the audience is really scary! Everyone will be watching.
- T:** OK, but will you think about it?
- B:** I really can't!

🔊 32 Wider World, Unit 8, 8.6, Exercise 8

P = Presenter K = K.C.

- P:** What's your favourite song?
- K:** One of my favourite songs is *All Along The Watchtower* by ... it's the Bob Dylan song but I like the Jimi Hendrix version of it. It just, it hit me in a place in my teen years and I've always loved it. It's like always top ten. U2's *I Still Haven't Found What I'm Looking For*. I must have played that a thousand times, and that's right up there at the top ... They just, it hit a place in my heart, and never left.

🔊 8.18 Unit 8, Revision, Exercise 7

If you see an unusual sculpture or a piece of modern art, you might not like it at first. But think about what the artist was trying to show and you might like it better. If not, there are still landscape or portrait paintings for you to enjoy.

🔊 8.19 Unit 8, Set for Life, Exercise 3

R = Rose D = Dylan

- R:** So ... photo A. That's definitely not right! It's the sun that causes sunburn. And when it's hot, people eat more ice cream too.
- D:** So sunburn and eating ice cream happen on the same days because something else – hot, sunny weather – causes both of them.
- R:** Yes. What about the second fact, about the firefighters?
- D:** That's wrong too. They've got the cause and the effect the wrong way round.
- R:** What do you mean?
- D:** Well, the firefighters aren't the cause of the damage; they're there because they're trying to stop it. A little fire that doesn't cause much damage doesn't need many firefighters; there are more firefighters at a bigger fire because it's more dangerous.
- R:** And look at the third example, about the football World Cup. The number of letters in a country's name isn't the reason they won the competition. It's just a coincidence!
- D:** A very interesting coincidence.
- R:** Yes, but only a coincidence.
- D:** But the conclusion for the last one is right. It's not a coincidence that people who don't exercise are often *not* healthy. Physical inactivity can cause a lot of health problems.
- R:** Absolutely!

🔊 8.20 Unit 8, Set for Life, Exercise 4

R = Rose D = Dylan

- R:** So ... do you think it's just a coincidence that people feel happier when they wear brighter colours?
- D:** It depends how many people were asked. If you only ask a few people and they say they feel happier, that might be a coincidence. If you ask thousands of people and most of them say the same thing, it can't be a coincidence.
- R:** OK. So if this fact comes from research into thousands of people, how can we explain it? Are the brightly coloured clothes the cause of the happiness?
- D:** Maybe. Bright colours might make you feel more cheerful.
- R:** Or the bright clothes could be an effect of the happiness. If you feel happy when you wake up, you choose brightly coloured clothes.

- D:** Or what else might explain it?
- R:** Well, a third thing might be the cause of the bright clothes and the happiness. For example, wearing bright clothes and feeling happy may both be effects of a good night's sleep and feeling full of energy.
- D:** Good thinking! Or the clothes and the happiness might be effects of sunshine.
- R:** Yes, maybe you wear bright clothes and feel happier when it's a sunny day.

UNIT 9

9.4 Unit 9, 9.1, Exercise 3

B = Brad J = Janet

- B:** Hey, Janet, listen to this. 'Happy birthday! It's normal on your birthday for your family or friends to throw a party, prepare your favourite meal and sing *Happy Birthday* before you blow out the candles on your cake. But there are some other unusual birthday traditions around the world. Can you tell which of these are true?'
- J:** Cool, go on then.
- B:** OK, number one. 'In Vietnam, you don't celebrate your birthday on the day you were born. You turn a year older on "Tet" (New Year's Day) no matter when you were born.'
- J:** No, that can't be true.
- B:** That's what I thought, but no, it's true! OK, number two. 'In Brazil, on a child's birthday, the parents often put up brightly coloured paper flowers as decorations.'
- J:** True.
- B:** Yep, it's true. Three. 'Many Jamaicans follow the tradition of "flouring", or covering the birthday boy or girl in flour.'
- J:** Flour? On your birthday? No, I don't think so. It's too messy.
- B:** I'm not sure, let's see ... Oh! It's true! Four. 'In parts of Canada they rub your nose with butter on your birthday to bring good luck.'
- J:** Yeah, I know that's true.
- B:** Yes, you're right, it's true ... Five. 'In Japan and Korea they often wrap birthday presents in cloth instead of paper. It's more ecological.'
- J:** Oh, I hope it's true.
- B:** I think it is ... Yes, true.
- J:** They're all true so far.
- B:** Yeah ... So, last one: six. 'In Spain if you get together with friends on your birthday, you have to pay for the drinks.'
- J:** That doesn't sound very fair.
- B:** No, but it's true.

33 Wider World, Unit 9, 9.1, Exercise 4

Pr = Presenter B = Bahar Ma = Marne P = Peter C = Carol

- Pr:** What celebrations do you enjoy?
- B:** Yeah my favourite celebration is prom and it's good because you can invite anyone from other schools and then, you just celebrate and you get to wear your favourite dress and look all fancy. I think it's a reason to wear so much make-up and everything, so you can put so much on, and it's just good.
- Ma:** My favourite celebration of all is the *Fasnacht* holiday in Basel where I live. It happens in late February, early March and it's our version of carnival. People are dressed in a very unique style of costume and they play pipe and drum. For a solid week it completely changes the feeling of this very correct city for one week. It's great.
- P:** My favourite celebration is any of my children's or grandchildren's birthdays or in fact my wife's birthday, apart from the worry that we have beforehand as to what to get them. But I just like seeing everyone happy.
- C:** I think ... celebrations, birthdays because Johnson said, 'When a man is tired of London he is tired of life.' And my personal motto is, 'When a person is tired of their birthdays, they're tired of life.'

9.7 Unit 9, 9.2, Exercise 3

M = Mel Z = Zac

- M:** Aaand ... we're back for Part 2. Hello again, everyone! So, Polar Bear Plunge Day. Zac, would you take part in it?
- Z:** No, way! I can't stand cold water. I'm the kind of guy who prefers lying on a warm beach.
- M:** I know. Listen up, everyone! This is Zac, whose favourite hobby is lying down.
- Z:** I'm not the only one.
- M:** What do you mean?
- Z:** Well, lots of people enjoy the Festival of Sleep Day, which is on the third of January. The idea is to help people that stay up partying too long over New Year. So on this day they can sleep as much as they like.
- M:** I know a few people who would like to celebrate that day.
- Z:** OK, next one. The nineteenth of September is International Talk Like a Pirate Day. This is the day which gives you the chance to be a pirate in public without feeling strange. Do you know anyone whose idea of fun is to talk like a pirate – and dress up as one?
- M:** My friend Miguel, who lives in Costa Rica, is crazy about pirates, so yes.
- Z:** Costa Rica? Is that the place where they filmed *Pirates of the Caribbean*?
- M:** No, I don't think so. Let's check ... No, it was filmed mainly in Puerto Rico and in Pinewood studios, where a lot of British films are made.
- Z:** Right, well, the next festival is Backwards Day, which is on the thirty-first of January. On that day you have to do everything backwards – you know, walk, talk, write ...
- M:** Crazy is that!
- Z:** Good very oh!

34 Wider World, Unit 9, 9.3, Exercise 4

P = Presenter Ch = Charlie Ca = Carol M = Martina

A = Alberto My = Myriam Mo = Monica Ma = Marne

R = Rudy S = Salim

- P:** Tell us about the last attraction you visited.
- Ch:** I went to see London Dungeons. It was good fun, really good fun, and I would definitely recommend it, and I'd probably go again.
- Ca:** The last attraction I went to was a very small church in Notting Hill.
- M:** The last attraction we visited was the London Eye. It was very different from what we have in Italy and it's quite interesting 'cos you can see a bit of London from another perspective so, yeah. And I would definitely ...
- A:** And it was – and it was amazing view, so.
- M:** Yeah, definitely suggest it.
- A:** Absolutely.
- My:** Well, last attraction I visited was in Phuket Island. And it's a hotel called Sri Panwa and there is a really nice sea view over there at the top of the mountain and it's a great hotel as well. And I was staying there for my friend's wedding.
- Mo:** I went to Chefchaouen in Morocco. It's called The Blue Pearl because all the walls and the houses are painted blue. I went there to volunteer as a nurse, a dental nurse there to treat children and women there who haven't seen a dentist before. I would recommend it. It was a really good experience. Life-changing and incredible.
- Ma:** The last attraction I visited was Victor Hugo's house on Guernsey. And it was fascinating to see how he'd turned the entire house into a communication statement. And I'd definitely recommend people go see it. It's worth the ferry ride and the nausea on the ferry.
- R:** I went to the Edinburgh Castle actually recently.
- S:** Oh.

R: It was really beautiful up there I mean I knew the castle was in Edinburgh but I didn't know that when you actually go up to the Edinburgh Castle it's like overlooking the city. So it was really amazing. Yeah, that was the last place I went to and I highly recommend that you should go and visit the Edinburgh Castle, yeah.

9.11 Unit 9, 9.4, Exercise 4

S = Sophie D = Donna M = Meryl

S: I love the Masquerade Ball. It's so much fun. Hey, could you tell me what your name is?

D: Yeah, sure. I'm Donna.

S: And I'm Sophie.

D: Good to meet you, Sophie. Um, I was wondering if you two would like to hang out with us.

S: We'd love to.

M: Oh! It's really late. I need to go to bed. Where are we?

S: Donna? Have you any idea where our hotel is? We're lost.

D: Do you remember what street it's in?

S: Bourbon Street.

D: It's just around the corner.

D: Well, here we are. Um, Sophie, I'd like to know if you had a good time.

S: Yes, definitely. Do you know when Mardi Gras starts next year?

D: The first of March.

S: We'll be here! Oh, before you go, I've got one more question for you.

D: Yeah?

S: Do you mind if I take a photo of you?

D: Of course not.

9.12 Unit 9, 9.5, Exercise 2

P = Presenter PC = Professor Cook

P: I think the best way to make a celebration really special – it doesn't matter if we're talking about Thanksgiving, New Year's Eve or like today, US Independence Day – is to have a firework display. So with us in the studio we have Professor Diane Cook, an expert in Chinese history, who is going to tell us all about fireworks.

PC: Hello, delighted to be here.

9.13 Unit 9, 9.5, Exercise 3

P = Presenter PC = Professor Cook

P: So, Professor, China makes a huge number of fireworks – more than any other country in the world, but did the Chinese invent fireworks?

PC: Well, most historians agree that fireworks were invented in China over two thousand years ago. Although they've also been used in countries such as India and Syria for a very long time.

P: What were the first fireworks like?

PC: Not the same as they are today. They made a lot of heat and light, and they smelled terrible – like rotten eggs. But they didn't sound as noisy as they do today.

P: They didn't make much noise?

PC: No, they weren't very loud at all. But then somebody thought of putting a special powder inside a piece of bamboo wood and lighting it. This made a much louder noise! And after that it became more popular to use fireworks to celebrate special events.

P: Could you tell me what early firework displays were like?

PC: They were quite dangerous, actually. People were often scared when they saw them.

P: Some people still are – and dogs and cats feel terrified.

PC: Yes, and birds too. In the early days in England firework experts, who were known as 'firemasters', traditionally had assistants called 'green men' whose job was to entertain the crowds with jokes and funny stories. They were called

'green men' because they wore caps of leaves to protect their heads from fire! It was a dangerous job because early fireworks often went wrong.

P: What about other European countries?

PC: Fireworks were very popular in Italy, which became famous for its huge displays. In the 1800s the Italians had a great idea. They found that by adding metals and other powders, they could make fireworks with lots of beautiful colours. But although the new fireworks looked incredible, they were still not very safe.

P: How about in the USA?

PC: Well, Europeans brought fireworks to the USA very early on. The first known firework display in America dates back to 1608. While the first Independence Day was, of course, in 1776, fireworks were not used until the following year, 1777. Since that year firework displays have always been part of the Independence Day celebrations, along with barbecues and hot dogs and ... other things that taste delicious!

P: Yes. So, what are your plans for this evening ...

9.20 Unit 9, Revision, Exercise 6

Celebrations are very important in our family. We follow all our country's main traditions and customs. We get together before the event so we can help each other prepare meals, put up decorations, wear costumes and so on. The hard work is always worth it in the end!

36 BBC Culture, Exercise 6

**P = Presenter G1 = Gamer G2 = Gamer 2 G3 = Gamer 3
A = Alex J = Josh's mum S = Siv**

The Insomnia Festival

P: They have come in their thousands: some to play computer games but most to watch. I know you're thinking: sitting in front of a computer all day playing games is one thing but sitting watching other people playing computer games all day ... really?

G1: If you play the game, if you know the game, you can appreciate the level of skill and the technical ability that goes into it.

G2: It's really funny to watch some of the stuff they can pull off – and just think wow, they must really have put so much practice into this and it does inspire you in some way to keep on going.

G3: It's enough of a sport to be sort of sit inside and sort of, you know, hone your skills that way instead of with a football or a rugby ball.

P: You think it's a legitimate sport?

G3: Yeah ... a legitimate sport.

P: This is a hi-tech professional set-up. Two teams play for thousands of pounds in prize money, you can see the tension. The game is streamed live online. There are even commentators.

P: The global audience online and at live events last year was more than seventy million. Lost in a world of *Minecraft*, we met eleven-year-old Alex.

A: *Minecraft* is some sort of game that is built by the perfect people.

P: Why do you like watching other people playing?

A: Well, it makes me feel like I want to do what they are going to do.

P: This is Josh and his mum, Michelle. Josh watches videos of gaming all the time. His mum doesn't get it.

J: I thought it really weird, and I was watching it earlier, watching people commenting on other people's playing. And I've never seen anything like it. And obviously that's where the following is, which I hadn't really clocked, I thought it was just the gaming itself ... so I do find that's slightly strange.

- P:** On stage, some living legends – gamers who record themselves playing *League of Legends* and then upload it on to YouTube. Siv has more than a million followers.
- S:** I make my living out of it and I have two employees who I am coaching to become second and third versions of me. And it's just a really nice ... I'm really happy it's a sustainable job for now. Yeah.
- P:** This event, *Insomnia*, is taking place at Coventry's football ground. So, is the national sport being overtaken by so called e-sport? Not yet. Some here can't even stay awake. But gaming is evolving and growing all the time.

▶ 37 BBC Culture, Exercise 7

P = Presenter S = Stick Dt = Dance teacher D1 = Dancer 1 D2 = Dancer 2 D3 = Dancer 3 F = Festival organiser

The Festival of Neighbourhood

- P:** Spinning BMX acrobatics and parkour experts braving the concrete walls: just some of the urban art on show at the South Bank Centre Festival of Neighbourhood this weekend. Alongside them, street artists, like Stick who will be giving workshops and explaining the heritage of his trade.
- S:** People have always left their marks on walls from the periods when we were living in caves. It's a continuation of that very old tradition, which is older than galleries, certainly older than the Southbank. It's nice for the Southbank to be involved with such an established art form.
- P:** There will also be a pop-up performance by youth dance troop, Zoo Nation, seen here rehearsing ahead of their new show "Groove on down the road" which starts at the Southbank centre next Friday.
- Dt:** They are unfortunately some of the most ridiculously talented kids that I've ever come across. And I only say unfortunately because for us adults, who are old, we are like watching our backs saying: 'Where have they come from? They're so good!'
- P:** And that takes real dedication ... Do you literally dance wherever you go?
- D1:** Pretty much, yeah ... yeah ... trains, at home, buses.
- D2:** I like it because like you can like express how you feel.
- D3:** Like we're always on our hands like all the time. We don't walk with our feet, we walk with our hands.
- P:** Putting breakdance on a stage, taking art out of galleries and rolling BMX into the ballroom. The point of this festival is to mash up cultures and show them to a wider audience.
- F:** Many of the artists that we spoke to said: "I've always dreamt about BMXing on the ballroom floor or coming out on to the terraces or coming out on to the roof gardens." And they really relish the opportunity to be coming into those more public and open spaces.
- P:** The Southbank Centre has long been an unofficial playground where urban art forms are practised and honed, this weekend – a chance to see the next generation!

▶ PC1-9.1 Progress Check Units 1–9, Exercise 7

I = Interviewer H = Hannah

- I:** I'm talking to Hannah Mitchell, who describes her art as 'drawing from life'. Welcome, Hannah. Could you tell listeners how you draw from life?
- H:** Certainly, thank you. It's very simple. I go outside and look at people. I sometimes choose quiet places like waiting rooms, on a train, or big events like festivals. I sit there quietly with my paper and pencil and draw. Many people think that life drawing only means drawing live models inside an art room. But that isn't how it works for me.
- I:** How did you start drawing from life?
- H:** I remember I was on a long train trip and I couldn't think of anything to do. Fortunately, I had some paper with me. A man was asleep opposite me and his arms were folded. I started to draw him. I chose him because I liked how calm

he looked in his sleep. I used my mum's pen which she was doing magazine quizzes with. He was quite easy to draw because he wasn't moving.

- I:** Why did you decide to become a professional artist?
- H:** My family and friends were really keen on my drawings. I shared some of them on the internet and advertisers contacted me. They needed pictures which could get the attention of target audiences for their brands. I drew the people how they wanted them to look. My work has been on display in exhibitions too. I was earning money and I love doing it. So why not?
- I:** Tell me more about the pictures. Do you draw from photographs too?
- H:** No, because they always change how things really look a little bit. I draw people the way I see them in the moment. I'm interested in the atmosphere they create around them and what's happening inside me when I see that. They're only portraits. I never draw landscapes, but I include the objects and features of the place next to the person, to give some context.
- I:** And what do the people you draw think about it? Are they OK with it?
- H:** Well a lot of the time they don't even know. Some of them are even asleep. I look up quickly and then look down again and draw what I remember, so it isn't that obvious. I've never had a problem. One time a man was very pleased when he came over to look at my drawing of him. I sent him a copy later.
- I:** Thank you very much, Hannah!